Kicks from the Penalty Mark

- 1. The referee will choose the goal at which all kicks will be taken. If no referee is present, the two head coaches will choose.
- 2. The referee will toss a coin and the team whose captain wins the toss decides whether to take the first or second kick.
- 3. The referee will note the number of each player as he or she takes a kick.
- 4. (a) subject to (c) and (d) below, both teams shall take five (5) kicks.
 - (b) The kicks will be taken alternately.

(c) If, before both teams have taken five kicks, one team has scored more goals than the other could, even if they were to complete their five kicks, the tie break procedure will stop.

(d) If, after both teams have taken five kicks, both teams have scored the same number of goals or have not scored any goals, the tie break will continue, in the same order, until both teams have taken an equal number of kicks (not necessarily five more kicks) and one team has scored one more goal than the other team.

- 5. The team which scores the greater number of goals, in accordance with (a), (c), and (d) above, shall be declared the winner.
- 6. Each kick shall be taken by a different player. Not until all eligible players of any team, including the goalkeeper, have each taken a kick, may a player of the same team take a second kick.
- 7. Only a player on the field at the end of the regulation game is considered an eligible player.
- 8. When a team finishes a match with a greater number of players than their opponents, they shall reduce their numbers to equate to that of their opponents and inform the referee of the name and number of the player(s) excluded.
- 9. Any eligible player on the field at the end of the game may change places with the goalkeeper at any time during the tie break.
- 10. (a) Other than the player taking a kick and the two goalkeepers, all other players will remain in the center circle while the tie break is in progress.

(b) The goalkeeper who is a teammate of the kicker, must remain on the field of play, outside the penalty area in which the kicks are being taken, on the goal line where it meets the penalty area boundary line.(c) The goalkeeper is reminded that he must remain on the goal line between the goal posts until the ball is kicked into play. The goalkeeper may move laterally before the ball is kicked, but not towards the kicker.

11. Unless stated to the contrary above, the rules of the game will, as far as they can, apply to the tie break. This includes the requirement under Law 14 that the referee shall signal for the kick to be taken.